

KidBright 2nd Quarter Impact Report

Learning is hard when you're hungry

To Date

17,250

healthy snacks

345

happy students

16

classrooms

16¢

per child/day

100%

of teachers surveyed agreed that **KidBright snacks helped alleviate hunger in the classroom.**

“Complaints about being hungry before lunch time have decreased & hunger is no longer a distraction.”

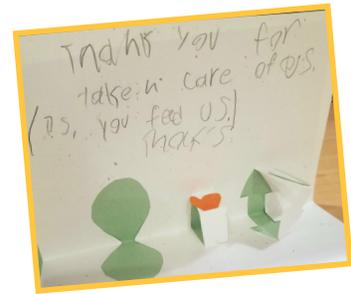
6th Grade, Shepard Middle School

100%

of teachers surveyed agreed that **providing the same snack has built community in class.**

“No one compares themselves to others and they get healthy food every day!”

2nd Grade, Forest View Elementary



90%

of teachers surveyed agreed that **KidBright snacks improved students' focus in class.**

“It helps every kid to have a full belly and so they can focus during math.”

2nd Grade, Forest View Elementary

90%

of teachers surveyed agreed that **KidBright snacks made instruction easier.**

“Students are more attentive and less fidgety.”

6th Grade, Shepard Middle School



KidBright healthy snacks are a teaching tool.

“We've been able to collect data about our favorite snacks and have meaningful conversations connected to what we're learning in class.”

2nd Grade, Forest View Elementary

Question	Response
KidBright healthy snacks help alleviate hunger in my classroom.	5.0 / 5.0*
Providing the same snacks to all students helps build community in my classroom.	4.8 / 5.0*
KidBright healthy snacks have improved students' attention and focus in class.	4.4 / 5.0*
KidBright healthy snacks have made classroom instruction easier.	4.4 / 5.0*

*5.0 = Strongly agree

KidBright healthy snacks have helped my students in the following ways...

"The students are able to focus better."

"No one complains of being hungry. They are eating more healthy things and trying new healthy foods. I can now mandate that no unhealthy snacks are allowed. It is also great for kids to see portion sizes that are appropriate."

"They get excited about healthy foods and having choice. They also like that everyone is getting the same snacks."

"Students feel secure knowing that there will always be a snack available. Students are also learning to be open-minded in trying new snacks. For some, it is a real act of bravery to venture into the unfamiliar and they are pleased with themselves for trying."

"I had some kids that used to hide food from breakfast or lunch in their cubbies to take home or save as a snack, but now with KidBright they don't do it anymore!"

"Having snacks has helped with the level of teamwork the students are displaying. They are always willing to serve each other and hold one another accountable for their duties."

"Students concentrate more in class and do not come to class hungry. No one has to compare themselves to anyone else and they all get healthy food every day guaranteed!"

KidBright healthy snacks have impacted classroom instruction in the following ways...

"The students are more attentive and less fidgety."

"Time efficiency!"

"We've been able to collect data about our favorite snacks and have meaningful conversations connected to what we're learning in nutrition class."

"I certainly do not have to worry about my students sneaking unhealthy things from their pockets throughout the day. The complaints about being hungry before lunch have decreased. Hunger is no longer a distraction."

"Students are not hungry and can focus."

"Students were able to focus more on instruction rather than being hungry."

"Students have something healthy to eat that does not give them a sugar rush, and they can concentrate during instruction."

"It makes it possible for every kid to have a full belly and so they focus more during math."

Please share a specific memorable story about using KidBright snacks in your classroom.

"All the students trying the pea crisps. Many of them were surprised by how much they enjoyed them."

"We were really surprised when we cut our oranges open a few weeks ago and discovered they were Cara Cara oranges. Several of the kids had never seen or had one before. Now they keep asking for more!"

"One student recently asked if after eating the snack he could take the one remaining banana home to his brother."

"Several of my kids love the snacks so much that they ask their parents to buy the same snacks to keep at home."

"Watching the students try the sunflower seed snack and their comments of what animal or bird they felt like."

"I try and introduce new snacks and explain why we are eating it nutrition wise. After we talk for a bit, I find everyone is willing to at least try a bite of it!"

"KidBright snacks have helped improve behavior in our class because students want to behave so they can be in charge of passing out the snacks. Eventually the process of passing out the snacks became very self-managing because students were able to take accountability for their behavior."

"We were able to use the food to solve a math problem."